

## **Holy Penitential Rosary**

(making the triple sign of the cross and blessing oneself)

L. By the sign + of the Holy Cross, from our enemies + deliver us, O Lord + our God.

A. In the name of the Father, and of the Son, and of the Holy Ghost. Amen.

**Act of Contrition** My Lord Jesus Christ, true God and true Man, my Creator, Father and Redeemer, because Thou art infinitely Good and because I love Thee above all things, (strike breast twice) I am sorry, O Lord, I am heartily sorry for having offended Thee. I firmly propose to amend my life, to sin no more and to avoid the occasions of sin; to confess my sins and to perform the penance imposed upon me. I offer Thee, O Lord, my life, my deeds and my works, in satisfaction for all my sins; and I beg pardon of Thee, trusting that Thou, in Thy infinite Goodness and Mercy, wilt forgive my sins through the merits of Thy Most Precious Blood, Thy Passion and Death; and also that Thou wilt grant me the grace of amendment and of perseverance in Thy holy service until the end of my life. Amen.

### **First part of the Joyful Mysteries Sunday**

First Mystery: The Creation of the Most Divine Soul of Christ before the creation of all things.

10 complete Our Fathers.

L. Lord, show us Thy Face, A. And we shall be saved.

L. Our Crowned Mother of El Palmar, A. Be our salvation.

Hymn 1.

Gloria y alabanza a la Trinidad:

Dios Unico y Fuente de toda bondad. Ave, ave...

Second Mystery: The Creation of the Divine Soul of Mary.

Hymn 2.

La Reina del Carmen del Cielo bajó,

al Palmar de Troya con gran resplandor. Ave, ave...

Third Mystery: The Espousal of the Souls of Christ and Mary.

Hymn 3.

Su mano nos muestra la prenda ideal:

el Escapulario de la Santa Faz. Ave, ave...

Fourth Mystery: The Immaculate Conception of the Divine Mary.

Hymn 4.

Tú quieres que sea lugar de oración

el suelo bendito de tu Aparición Ave, ave...

Fifth Mystery: The Birth of the Divine Mary.

Hymn 5.

Ella ha prometido que en este Lugar,  
se mostrará un día con gloria sin par. Ave, ave...

**Second part of the Joyful Mysteries Monday**

First Mystery: The Annunciation to the Most Holy Virgin Mary and the Incarnation of the Word of God.

10 complete Our Fathers.

L. Lord, show us Thy Face, A. And we shall be saved.

L. Our Crowned Mother of El Palmar, A. Be our salvation.

Hymn 6.

El Alma de Cristo pide con amor,  
los primeros lunes, su reparación. Ave, ave...

Second Mystery: The Visitation of Our Lady to Her cousin Saint Elizabeth.

Hymn 7.

El Palmar, Señora, te rinde oblación,  
tu favor implora pidiendo perdón. Ave, ave...

Third Mystery: The Birth of the Son of God.

Hymn 8.

El Santo Rosario nos mandas rezar,  
de nuestro adversario rinde la maldad. Ave, ave...

Fourth Mystery: The Purification of Our Lady and the Presentation of the Child Jesus in the Temple.

Hymn 9.

Eres dulce Reina de la humanidad,  
Virgen Coronada, Madre del Palmar. Ave, ave...

Fifth Mystery: The Child Jesus is found in the Temple.

Hymn 10.

Tu dulce mirada es fuego de amor,  
tu palabra eterna, luz de salvación. Ave, ave...

**First part of the Sorrowful Mysteries Tuesday**

First Mystery: The Most Precious Redeeming Blood of Jesus shed in the Circumcision.

10 complete Our Fathers.

L. Lord, show us Thy Face, A. And we shall be saved.

L. Our Crowned Mother of El Palmar, A. Be our salvation.

Hymn 11.

Los primeros martes, repara a Jesús

su dulce Cabeza, que nos da la Luz. Ave, ave...

Second Mystery: The Prayer and Agony of Our Lord Jesus Christ in the Garden of Olives.

Hymn 12.

Maria es Doctora que enseña la fe,

y también Pastora del alma que cree. Ave, ave...

Third Mystery: The Holy Face of Jesus vilely outraged by the traitorous kiss of Judas Iscariot.

Hymn 13.

Del santo Concilio Maestra eres Tú.

Siembra por el mundo su doctrina y luz! Ave, ave...

Fourth Mystery: The sad and bitter state of Jesus forsaken by His disciples.

Hymn 14.

Maria ha triunfado contra Satanás:

llevando la Iglesia de Cristo al Palmar. Ave, ave...

Fifth Mystery: The Holy Face of Jesus sacrilegiously insulted when spat upon by the chief priests.

Hymn 15.

Siempre los que sufren alivio tendrán,

favores y gracias de Ti alcanzarán. Ave, ave...

### **Second part of the Sorrowful Mysteries Wednesday**

First Mystery: The Most Sacred Heart of Jesus is sublimely saddened by the three denials of Peter, Prince of the Apostles.

10 complete Our Fathers.

L. Lord, show us Thy Face, A. And we shall be saved.

L. Our Crowned Mother of El Palmar, A. Be our salvation.

Hymn 16.

Las Llagas de Cristo hay que reparar,  
pues de Ellas nos vino la salud y paz. Ave, ave...

Second Mystery: The Holy Face of Jesus sacrilegiously defiled by the blow in the presence of Annas.

Hymn 17.

La Virgen Maria, con celo y amor,  
desde este Lentisco nos conduce a Dios. Ave, ave...

Third Mystery: Jesus in the depths of His Most Divine Soul bitterly feels the insults and mockery of Herod.

Hymn 18.

Gloria y alabanza a la Trinidad:  
Dios Unico y Fuente de toda bondad. Ave, ave...

Fourth Mystery: The scourging which the Son of God received tied to the pillar.

Hymn 19.

La Reina del Carmen del Cielo bajó,  
al Palmar de Troya con gran resplandor. Ave, ave...

Fifth Mystery: The Most Sacred Head of Jesus is crowned with thorns.

Hymn 20.

Un nuevo Rosario de reparación  
mandas que a diario se rece en unión. Ave, ave...

### **The Eucharistic Mysteries Thursday**

First Mystery: Jesus proves His love by instituting the Eucharist at the Last Supper.

10 complete Our Fathers.

L. Lord, show us Thy Face, A. And we shall be saved.

L. Our Crowned Mother of El Palmar, A. Be our salvation.

Hymn 21.

Los primeros jueves, da reparación  
a la Faz de Cristo, con la Comunión. Ave, ave...

Second Mystery: The Real, True and Physical Presence of Jesus in the Eucharist, in Body, Blood, Soul and Divinity.

Hymn 22.

Contempla y consuela la Divina Faz,  
pues Ella nos colma de felicidad. Ave, ave...

Third Mystery: The Real, True and Spiritual Presence of Mary in the Eucharist, in Body, Blood and Soul.

Hymn 23.

A adorar venimos la Divina Faz,  
humildes pedimos nos dé dulce paz. Ave, ave...

Fourth Mystery: The Eucharistic Hearts of Jesus and Mary making reparation to the Eternal Father and redeeming mankind.

Hymn 24.

A la Eucaristía, fuente del Amor,  
nos lleva Maria con gran devoción. Ave, ave...

Fifth Mystery: The Perpetuation of the sublime Immolation of Jesus and Mary in the Holy Sacrifice of the Mass.

Hymn 25.

Dios en sus promesas es justo y leal,  
para los que cumplen con su Voluntad. Ave, ave...

### **Third part of the Sorrowful Mysteries Friday**

First Mystery: Jesus carries the Cross on the Way of Sorrows up to Calvary.

10 complete Our Fathers.

L. Lord, show us Thy Face, A. And we shall be saved.

L. Our Crowned Mother of El Palmar, A. Be our salvation.

Hymn 26.

Los primeros viernes, con la Comunión,  
repara a Cristo en su Corazón. Ave, ave...

Second Mystery: The Crucifixion, the three hours of Agony and the majestic Death of Our Lord Jesus Christ.

Hymn 27.

Al Palmar acude con veneración;  
pues cada llamada es la voz de Dios. Ave, ave...

Third Mystery: The right Side of Jesus is pierced by the lance of Longinus.

Hymn 28.

Con gran esperanza soporta tu cruz;  
pronto reinaremos con Cristo Jesús. Ave, ave...

Fourth Mystery: The Spiritual Death of Mary at the foot of the Cross on Calvary.

Hymn 29.

El agua bendita de tu pozo da  
salud en el cuerpo y en el alma paz. Ave, ave...

Fifth Mystery: The Church is born of the Most Sacred and pierced Hearts of Jesus and Mary.

Hymn 30.

A Ti te entregamos todo nuestro ser,  
acoge, -oh Madre!, nuestro anhelo y fe. Ave, ave...

### **The Glorious Mysteries Saturday**

First Mystery: The triumphant Resurrection of the Son of God.

10 complete Our Fathers.

L. Lord, show us Thy Face, A. And we shall be saved.

L. Our Crowned Mother of El Palmar, A. Be our salvation.

Hymn 31.

Con gran insistencia, la Madre de Dios  
pide que repares a su Corazón. Ave, ave...

Second Mystery: The admirable Ascension of the Son of God into Heaven.

Hymn 32.

Cubre con tu Manto nuestro corazón  
y así quede unido siempre a nuestro Dios. Ave, ave...

Third Mystery: The Descent of the Holy Ghost upon the Apostolic College in the presence of the Most Holy Virgin Mary.

Hymn 33.

Tu Templo proclama tu gloria y honor,  
y es sede del Papa que te coronó. Ave, ave...

Fourth Mystery: The Immortality, Dormition and glorious Assumption of the Most Holy Virgin Mary into Heaven in Body and Soul.

Hymn 34.

Por eso en tus sienas resplandece ya

corona de Reina, Madre del Palmar. Ave, ave...

Fifth Mystery: The Coronation of Our Most Holy Mother the Virgin Mary as Queen and Mistress of the whole of Creation.

Hymn 35.

Eres Medianera, el socorro y luz,

único Camino para ir a Jesús. Ave, ave...

In order to gain the indulgences granted to the Holy Penitential Rosary: 1 complete Our Father.

Litany of Loretto

Kýrie, eléison.	Kýrie, eléison.
Christe, eléison.	Christe, eléison.
Kýrie, eléison.	Kýrie, eléison.
Christe, audi nos.	Christe, audi nos.
Christe, exáudi nos.	Christe, exáudi nos.
Pater de colis, Deus,	miserére nobis.
Fili Redémpstor mundi, Deus,	
Spíritus Sancte, Deus,	
Sancta Trínitas, Unus Deus,	
Sancta Maria,	ora pro nobis.
Sancta Dei Génitrix,	
Sancta Virgo Vírginum,	
Mater Christi,	
Mater Divínæ Grátiae,	
Mater Puríssima,	
Mater Castíssima,	
Mater Invioláta,	
Mater Intemeráta,	
Mater Immaculáta,	
Mater Amábilis,	
Mater Admirábilis,	
Mater Boni Consílii,	
Mater Creatóris,	
Mater Salvatóris,	
Mater Dolorósa,	
Mater Ecclésiæ,	ora pro nobis.
Mater Nostra,	
Virgo Prudentíssima,	
Virgo Veneránda,	
Virgo Prædicánda,	
Virgo Humíllima,	
Virgo Potens,	
Virgo Clemens,	
Virgo Fidélis,	
Spéculum Justítiæ,	
Sedes Sapiéntiæ,	
Causa nostræ lætítiæ,	
Vas Spirituále,	
Vas Honorábile,	
Vas Insígne Devotiónis,	
Rosa Mýstica,	

Turrís Davídica,  
 Turrís Ebúrnea,  
 Domus Áurea,  
 Fæderis Arca,  
 Jánua Coeli,  
 Stella Matutína,  
 Salus Infirmórum,  
 Refúgium Peccatórum,  
 Consolátrix Afflictórum,  
 Auxílium Christianórum,  
 Regína Angelórum, ora pro nobis.  
 Regína Patriarchárum,  
 Regína Prophetárum,  
 Regína Apostolórum,  
 Regína Mártýrum,  
 Regína Confessórum,  
 Regína Vírginum,  
 Regína Sanctórum ómnium,  
 Regína sine labe origináli concépta,  
 Regína in colum assúmpta,  
 Regína Sacratíssimi Rosárii,  
 Regína Pacis,  
 Regína Palmáris,  
 Regína nostrórum Córdium,  
 Regína Montis Carméli,  
 Regína Decor Carméli,  
 Regína Universórum,  
 Thesaurária ómnium gratiárum,  
 Pastóra Divína,  
 Doctóra Divína,  
 Agnus Dei, qui tollis peccáta mundi,  
 parce nobis, Dómine.  
 Agnus Dei, qui tollis peccáta mundi,  
 exáudi nos, Dómine.  
 Agnus Dei, qui tollis peccáta mundi,  
 miserére nobis.

#### Act of Consecration to Our Crowned Mother of El Palmar

O Most Holy Crowned Mother of El Palmar, Queen of Carmel, look down with compassion and mercy on all Thy children prostrate at Thy feet; who, with Thy helping grace, openly confess that we are children of the true Church: One, Holy, Catholic, Apostolic and Palmarian. In proof of our loyalty, as Thy faithful children, we consecrate ourselves to Thee under Thy sweet title of Our Crowned Mother of El Palmar; promising, with the help of Thy grace, to defend with valour the rights of God and His Church, as also, day by day, to practise the Christian virtues with ever greater perfection; and, to this end, we will fulfil the rules laid down for prayer and penance. We promise as well always to wear within our dress the holy Scapular of El Palmar, our standard against the powers of Hell, and to wear it externally, with great veneration, at all the worship in church and at the prayers of the cenacles. We also consecrate to Thee our families, our country and all the nations. We promise to spread devotion to Thy prime and exalted title of Crowned Mother of El Palmar, in order that humanity, kneeling at Thy feet, may manifest its filial love to Thee, as we do now. Through this solemn Consecration, we pray, for Holy Mother Church, for the Holy Souls in Purgatory and for the conversion of sinners. Finally, as Thy devoted children, we surrender to Thee our souls with all their powers and our bodies with all their senses, while we entreat Thee, O most loving Mother, to impress upon our hearts the Sacred Face of Thy Divine Son and to bless us with Thy motherly hand, so that we may persevere firm in Thy love and service and be worthy to die in holiness. Amen.



